

FIT & WELL

MAGNESIUM 250

BEFORE	DURING	AFTER
		

QUICK INFO

- LACTOSE FREE
- GLUTEN FREE
- ACID FREE
- NO SWEETENERS
- NO ARTIFICIAL COLOURS
- NO PRESERVATIVES



PRODUCT DESCRIPTION

Drinking ampoules with 250 mg of magnesium, the vitamins C and B6.

Magnesium has various functions in the organismus, among others it supports the electrolyte balance and serves the normal muscle function. Magnesium and vitamin C contribute to a reduction of tiredness and fatigue.

Vitamin C serves the normal functioning of the nervous system. It contributes to the normal function of the immune system and the protection of cells from oxidative stress.

Vitamin B6 has also supporting effects in sport. Like vitamin C and magnesium, it supports the normal energy-yielding metabolism as well as the the normal functioning of the nervous system. These 3 nutrients also contribute to a reduction of tiredness and fatigue.

ADVANTAGES

- **1 ampoule delivers 250 mg of magnesium (= 67% NRV)**
- **Enriched with vitamin C and B6**
- **Refreshing taste and without calories**

UTILISATION

Intake during physical activities or in everyday life. Take 1 flask per day.

Do not exceed recommendation; keep out of reach of children. Does not substitute for a well balanced and varied diet, which is important for our health as well as a healthy life style.

INGREDIENTS

Water, acidulants (lactic acid, citric acid), fructose, orange juice concentrate 5%, magnesium carbonate, vitamins (ascorbic acid, pyridoxine hydrochloride), preservative potassium sorbate, flavour, sweeteners (sucralose, sodium saccharin).

FLAVOUR/PACKAGING

Exotic

Display 30 x 25 ml

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NUTRITION FACTS

NUTRITION FACTS	PER 100 ML		PER FLASK (25 ML)	
energy kJ (kcal)	293 (68)		73 (17)	
fat	0 g		0 g	
of which saturated fatty acids	0 g		0 g	
carbohydrates	10 g		2.5 g	
of which sugars	10 g		2.5 g	
fibres	< 0.1 g		< 0.1 g	
protein	0.2 g		< 0.5 g	
salt	<0.1 g		<0.1 g	
VITAMINS		%NRV*		% NRV*
C	320 mg	400%	80 mg	100%
B6	1.7 mg	121%	0.4 mg	30%
MINERALS		%NRV*		%NRV*
Magnesium	1000 mg	267%	250 mg	67%

*nutrient reference value

Ready-to-drink flasks containing magnesium, vitamin C and B6, with exotic fruits flavour.
With fructose and sweeteners.

Carefully produced in Germany for

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CH-8832 Wollerau

Sponser Europe GmbH
D-88131 Lindau